

Monthly Schedule/Monatsplan

Month/Monat	Feb 26				
Gi/No Gi	Gi	Gi: Jan, Feb, Apr, Mai, Sep, Okt, Dez			No Gi: Mar, Jun, Jul, Aug, Nov
Focus/Fokus Adv.	Mount				
Date/Datum	Day/Tag	Class/Klasse	Lesson/Lektion	Instructor	Notes/ Kommentar
02.02.2026	Monday/Montag	Fundamentals	12	Richie	
03.02.2026	Tuesday/Dienstag	Advanced - Program 3	1	Victor	Modified Mount Control - Slice 3
04.02.2026	Wednesday/Mittwoch	Fundamentals	20	Dani	
05.02.2026	Thursday/Donnerstag	Advanced - Program 3	1	Marco	Modified Mount Control - Drilling/Sparring
06.02.2026	Friday/Freitag	---	---	No class	
07.02.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	25	Donal/Dani	
		Fundamentals	3	Philipp L	
09.02.2026	Monday/Montag	Fundamentals	13	Philip H.	
10.02.2026	Tuesday/Dienstag	Advanced - Program 3	---	Marcel	Open mat/sparring (all levels)
11.02.2026	Wednesday/Mittwoch	Fundamentals	21	Richie	
12.02.2026	Thursday/Donnerstag	Advanced - Program 3	---	Dani	Striking - Kickboxing (all levels)
13.02.2026	Friday/Freitag	---	---	No class	
14.02.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	---	No class	Schulferien
		Fundamentals	4	Dani	
16.02.2026	Monday/Montag	Fundamentals	14	Dani	
17.02.2026	Tuesday/Dienstag	Advanced - Program 3	2	Philip H.	Hip Thrust Counters - Slice 1
18.02.2026	Wednesday/Mittwoch	Fundamentals	22	Richie	
19.02.2026	Thursday/Donnerstag	Advanced - Program 3	2	Dani	Hip Thrust Counters - Slice 2
20.02.2026	Friday/Freitag	---	---	No class	
21.02.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	---	No class	Schulferien
		Fundamentals	5	Victor	
23.02.2026	Monday/Montag	Fundamentals	15	Philipp L.	
24.02.2026	Tuesday/Dienstag	Advanced - Program 3	2	Victor	Hip Thrust Counters - Slice 3
25.02.2026	Wednesday/Mittwoch	Fundamentals	23	Dani	
26.02.2026	Thursday/Donnerstag	Advanced - Program 3	2	Dani	Hip Thrust Counters - Drilling/Sparring
27.02.2026	Friday/Freitag	---	---	No class	
28.02.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	26	Victor, Donal	
		Fundamentals	6	Leuvon	wrestling
02.03.2026	Monday/Montag	Fundamentals	16	Philipp L.	
03.03.2026	Tuesday/Dienstag	Advanced - Program 3	---	Dani	Open mat/sparring (all levels)
04.03.2026	Wednesday/Mittwoch	Fundamentals	24	Marco	
05.03.2026	Thursday/Donnerstag	Advanced - Program 3	---	Dani	Striking - Kickboxing (all levels)
06.03.2026	Friday/Freitag	---	---	No class	
07.03.2026	Saturday/Samstag	Jr. Fundamentals (Kids)	27	Donal, Dani	
		Fundamentals	7	Philip H.	