

**Monthly Schedule/Monatsplan**

<b>Month/Monat</b>	Sep 22
<b>Gi/No Gi</b>	Gi <b>Gi:</b> Jan, Feb, Apr, May, Sep, Oct, Dec <b>No Gi:</b> Mar, Jun, Jul, Aug, Nov
<b>Focus/Fokus Adv.</b>	Mount submission counters

Date/Datum	Day/Tag	Class/Klasse	Lesson/Lektion	Instructor	Notes/ Kommentar
22.08.2022	Monday/Montag	Fundamentals	6	Dani	
23.08.2022	Tuesday/Dienstag	Advanced - Program 1	4	Pascal	
24.08.2022	Wednesday/Mittwoch	Fundamentals	18	Philip	
25.08.2022	Thursday/Donnerstag	Advanced - Program 1	4	Marco	
26.08.2022	Friday/Freitag	---	---	No class	
27.08.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	13	Victor/Dani	
		Fundamentals	6/18	Leuvon	Wrestling/Takedowns
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29.08.2022	Monday/Montag	Fundamentals	7	Victor	
30.08.2022	Tuesday/Dienstag	Advanced - Program 1	4	Dani	
31.08.2022	Wednesday/Mittwoch	Fundamentals	19	Philip	
01.09.2022	Thursday/Donnerstag	Advanced - Program 1	4	Marco	
02.09.2022	Friday/Freitag	---	---	No class	
03.09.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	14	Victor	
		Fundamentals	7/19	Pascal	
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05.09.2022	Monday/Montag	Fundamentals	8	Marcel	
06.09.2022	Tuesday/Dienstag	Advanced - Program 2	5	Pascal	
07.09.2022	Wednesday/Mittwoch	Fundamentals	20	Victor	
08.09.2022	Thursday/Donnerstag	Advanced - Program 2	5	Dani	Principles 5: Creation
09.09.2022	Friday/Freitag	---	---	No class	
10.09.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	15	Donal / Victor	
		Fundamentals	8/20	Donal	
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12.09.2022	Monday/Montag	Fundamentals	9	Marcel	
13.09.2022	Tuesday/Dienstag	Advanced - Program 1	5	Pascal	
14.09.2022	Wednesday/Mittwoch	Fundamentals	21	Dani	
15.09.2022	Thursday/Donnerstag	Advanced - Program 1	5	Marco	
16.09.2022	Friday/Freitag	---	---	No class	
17.09.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	16	Victor	
		Fundamentals	9/21	Leuvon	Wrestling/Takedowns (no gi)
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19.09.2022	Monday/Montag	Fundamentals	10	Marcel	
20.09.2022	Tuesday/Dienstag	Advanced - Program 1	6	Marco	
21.09.2022	Wednesday/Mittwoch	Fundamentals	22	Philip	
22.09.2022	Thursday/Donnerstag	Advanced - Program 1	6	Dani	
23.09.2022	Friday/Freitag	---	---	No class	
24.09.2022	Saturday/Samstag	Jr. Fundamentals (Kids)	17	Donal / Victor	
		Fundamentals	10/22	Donal	